

Curriculum Vitae of Tim Kasser, Ph.D.

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Updated 8/2/2019

Education

- 1988–1994 University of Rochester, Rochester, NY
Ph.D. in Psychology
- 1984–1988 Vanderbilt University, Nashville, TN
B.A. in Psychology with Honors and Summa Cum Laude

Positions Held**Academic Positions:**

- 1995-2019 **Professor (previously Associate & Assistant Professor)**, Knox College, Galesburg, IL. Taught three to four courses per year, supervised undergraduate research, and conducted research on values, goals, quality of life, sustainability, consumer capitalism, and other topics. Named Emeritus Professor upon retirement.
- 2010 (February) **Visiting Tutor**, Schumacher College, Totnes, UK. Taught the first week of a three-week course on “Economics & Happiness” to Masters students and others.
- 2006 (Fall) **Visiting Lecturer**, Institute for Shipboard Education & University of Virginia. Taught three classes on round-the-world voyage with the Semester at Sea program.
- 1994–1995 **Adjunct Assistant Professor**, Montana State University, Bozeman, MT. Taught three courses per semester, supervised undergraduate research, and advised students.
- 1993 **Research Assistant**, Human Motivation Program, Department of Psychology, University of Rochester, Rochester, NY. Formulated and conducted studies of values, goals, and well-being.
- 1989–1993 **Research Assistant**, Rochester Longitudinal Study, Department of Psychology, University of Rochester, Rochester, NY. Managed data and interviewed late adolescents for longitudinal study of personality, social and cognitive development.
- 1990–1992 **Instructor**, Consortium of the Niagara Frontier, Attica Maximum Security and Wyoming Medium Security Correctional Facilities, Attica, NY. Taught college-level courses to prisoners.

Academic Chair Positions:

2018-2019	Chair of the Knox Advisory Committee on Socially Responsible Investing
2015-2018	Chair of the Knox College Psychology Department
2015-2017	Chair of the Knox College Institutional Review Board
2011-2013	Chair of the Knox College Campus Environment Committee
2009-2012	Chair of the Knox College Psychology Department
2003-2006	Chair of the Knox College Admission, Retention, and Placement Committee

Editorial Board Positions:

2016-2017	Consulting Editor – <i>American Psychologist</i>
2015	Associate Editor – <i>American Psychologist</i>
2010-2018	Editorial Board - <i>Solutions</i>
2006-2009	Associate Editor - <i>Journal of Personality and Social Psychology: Personality Processes and Individual Differences</i>
2004-2018	Consulting Editor - <i>Psychological Inquiry</i>
1999-2004	Consulting Editor - <i>Journal of Personality and Social Psychology: Personality Processes and Individual Differences</i>

Non-profit Board Positions:

2017-2019	Elected Faculty Representative - Knox College Board of Trustees
2013-2019	Board Member - Campaign for a Commercial-free Childhood
2010-2016	Board Member & Vice Chair – Center for a New American Dream
2001-2004	Board Member – Western Illinois Nature Group

Awards

Grants:

- 2010 Project Co-director of a grant from the David & Carol Myers Foundation: "Integrating Psychological Findings on Human Identity into Environmental Action Campaigns." Total direct costs: \$26,745.
- 2007 Primary Investigator of a grant from the Marjorie Weil and Marvin Edward Mitchell Foundation: "How Can Families Help Children Develop Healthy Financial Habits?" Total direct costs: \$25,000 for two years.
- 2001 Primary Investigator of Positive Psychology Network Grant: "What Makes for a Merry Christmas?" Total Direct Costs: \$2,000 for one year.
- 2000 Co-investigator of National Institute of Mental Health Grant: "Risk and Protective Factors in Adulthood" (Arnold Sameroff, Primary Investigator). Total Direct Costs: \$512,000 for five years.
- 2000 Co-principal investigator of Society for the Psychological Study of Social Issues Grant: "Psychological and Ecological Well-being: The Role of Values and Lifestyle" (Kirk Warren Brown, co-Principal Investigator). Total Direct Costs: \$2000 for one year.
- 1999 Co-investigator of Russell Sage Foundation Grant: "Why Do We Buy?: Examining the Motivational and Hedonic Underpinnings of Consumption" (Kirk Warren Brown, Primary Investigator). Total Direct Costs: \$4450 for one year.
- 1997-1999 Co-recipient of three Grass Foundation Grants: "Building a Neurophysiological Laboratory" (Heather Hoffmann, co-recipient). Total Direct Costs: \$16,750.

Other Awards:

- 2015 Faculty Achievement Award, Knox College
- 2007 ESRC-SSRC Collaborative Visiting Fellowship, University of Surrey, UK.
- 2003 Distinguished Research Fellow for "Substantial Research Contributing to a Better Understanding of Quality of Life Issues," International Society for Quality of Life Studies.
- 2002 CHOICE Outstanding Academic Book of 2002 for *The high price of materialism*, American Library Association.
- 2000 Philip Green Wright/Lombard College Prize for distinguished teaching by an untenured member of the faculty, Knox College
- 1988 Jum C. Nunnally Undergraduate Research Award for outstanding Senior Honors Project, Department of Psychology, Vanderbilt University.

Scholarship

Google Scholar Citation Counts:

Total Citations: 28,041

h-index: 59

i10-index: 100

Books:

Gonick, L., & Kasser, T. (2019). 하이퍼 캐피탈리즘: 현대 경제, 가치, 그리고 그것들을 변화시키는 방법. Paju, South Korea: Kungree Press. (Korean translation of *Hypercapitalism: The modern economy, its values and how to change them*).

Gonick, L., & Kasser, T. (2018a). *Hypercapitalism: The modern economy, its values and how to change them*. New York, NY: The New Press.

Gonick, L., & Kasser, T. (2018b). *Hypercapitalism: The modern economy, its values and how to change them*. London, UK & Melbourne, Australia: Scribe.

Gonick, L., & Kasser, T. (2018c). *Hypercapitalisme: L' économie moderne, ses valeurs et comment changer tout ça*. Paris, France: Seuil/Delcourt. (French translation of *Hypercapitalism: The modern economy, its values and how to change them*).

Kasser, T. (2016). قیمت بالا ماتریالیسم. Tehran, Iran: Quoghnu Publishers. (Persian translation of *The high price of materialism*).

Kasser, T. (2015). Быть или иметь? Психология культуры потребления. Moscow, Russia: Mann-Ivanov-Ferber. (Russian translation of *The high price of materialism*).

Kasser, T. (2013a). *Lucy in the mind of Lennon*. New York, NY: Oxford University Press.

Kasser, T. (2013b). *Maddiyatçılığın Ağur Bedeli: Para var Huzur yok*. Istanbul, Turkey: Ufuk Yayınlan. (Turkish translation of *The high price of materialism*).

Crompton, T., & Kasser, T. (2009). *Meeting environmental challenges: The role of human identity*. Godalming, UK: WWF-UK.

Kasser, T. (2005). *Az anyagiassag sulyos ara*. Budapest, Hungary: Ursus Libris. (Hungarian translation of *The high price of materialism*).

Kasser, T., & Kanner, A. D. (Eds.) (2004). *Psychology and consumer culture: The struggle for a good life in a materialistic world*. Washington DC: American Psychological Association.

Kasser, T. (2002). *The high price of materialism*. Cambridge, MA: MIT Press.

Research Articles, Chapters, Reports, & Essays:

- Chambers, I., Costanza, R., Zingus, L., Cork, S., Hernandez, M., Sofiullah, A., Htwe, T. Z., Kenny, D., Atkins, P., Kasser, T., Kubiszewski, I., Liao, Y., Maung, A. C., Yuan, K., Finnigan, D., & Harte, S. (2019). A public opinion survey of four future scenarios for Australia in 2050. *Futures*, *107*, 119-132.
- Kasser, T., Maynard, D., & Perry, A. (2019). An experimental laboratory test of the effects of alternative indicators of progress. *Social Indicators Research*, *143*, 901-915.
- Sanderson, R. H., Prentice, M., Wolf, L., Weinstein, W., Kasser, T., & Crompton, T. (2019). Strangers in a strange land: Relations between perceptions of others' values and both civic engagement and cultural estrangement. *Frontiers: Personality & Social Psychology*, *10*, 559.
- Chrdileli, M., & Kasser, T. (2018). Guilt, shame, and apologizing behavior: A laboratory study. *Personality & Individual Differences*, *135*, 304-306.
- Kasser, T. (2018). Materialism and living well. In E. Diener, S. Oishi, & L. Tay (Eds.), *Handbook of well-being*. Salt Lake City, UT: DEF publishers. DOI:nobascholar.com
- Prentice, M., Kasser, T., & Sheldon, K. M. (2018). Openness to Experience predicts intrinsic value shifts after deliberating one's own death. *Death Studies*, *42*, 205-215.
- Tagkaloglou, S., & Kasser, T. (2018). Increasing collaborative, pro-environmental activism: The roles of Motivational Interviewing, self-determined motivation, and self-efficacy. *Journal of Environmental Psychology*, *58*, 86-92.
- Costanza, R., Atkins, P. W. B., Bolton, M. Cork, S., Grigg, N. J., Kasser, T., & Kubiszewski, I. (2017a). Overcoming societal addictions: What can we learn from individual therapies? *Ecological Economics*, *131*, 543-550.
- Costanza, R., Atkins, P. W. B., Bolton, M. Cork, S., Grigg, N. J., Kasser, T., & Kubiszewski, I. (2017b). Societal addiction therapy: From Motivational Interviewing to Community Engaged Scenario Planning. *Current Opinion in Environmental Sustainability*, *26*, 47-53.
- Kasser, T. (2017a). Integrating psychobiography into psychology's mainstream: Introduction to the special section. *American Psychologist*, *72*, 430-433.
- Kasser, T. (2017b). Living both well and sustainably: A review of the literature, with some reflections on future research, interventions, and policy. *Philosophical Transactions of the Royal Society A: Physical, Mathematical, and Engineering Sciences*, *375*.
- Brown, K. W., Kasser, T., Ryan, R. M., & Konow, J. (2016). Materialism, spending, and affect: An event-sampling study of marketplace behavior and its affective costs. *Journal of Happiness Studies*, *17*, 2277-2292.
- Common Cause Foundation (2016). *Perceptions Matter: The Common Cause UK Values survey*. London, UK: Common Cause Foundation.

- Kasser, T. (2016a). Materialistic values and goals. *Annual Review of Psychology*, *67*, 489-514.
- Kasser, T. (2016b). Materialistic values and well-being: Problems and policy. In S. Bartolini, E. Bilancini, L. Bruni, & P. L. Porta (Eds.), *Policies for happiness* (pp. 129-148). New York, NY: Oxford University Press.
- Kasser, T. (2016c). Une theorie d' autodetermination des valeurs. In Y. Paquest, N. Carbonneau, & R. J. Vallerand (Eds.), *La Theorie de l'autodetermination: Aspects theoriques et appliques* (pp. 79-98). Louvain la Neuve, Belgium: De Boeck Superieur.
- Kasser, T. & Linn, S. (2016). Growing up under corporate capitalism: The problem of marketing to children, with suggestions for policy solutions. *Social Issues and Policy Review*, *10*, 122-150.
- Guillen-Royo, M., & Kasser, T. (2015). Personal goals, socio-economic context and happiness: Studying a diverse sample in Peru. *Journal of Happiness Studies*, *16*, 405-425.
- Kasser, T. (2015). The science of values in the culture of consumption. In S. Joseph (Ed.), *Positive psychology in practice: Promoting human flourishing in work, health, education, and everyday life* (2nd Ed.) (pp. 83-102). New York: Wiley.
- Crompton, T., Weinstein, N., Sanderson, B., Kasser, T., Maio, G., & Henderson, S. (2014). No cause is an island: How people are influenced by values regardless of the cause. *Common Cause Foundation*. Downloadable at <http://valuesandframes.org/downloads/>.
- Dittmar, H., Bond, R., Hurst, M., & Kasser, T. (2014). The relationship between materialism and personal well-being: A meta-analysis. *Journal of Personality and Social Psychology*, *107*, 879-924.
- Kasser, T. (2014a). A values-based set of solutions for the next generation. In R. Costanza & I. Kubiszewski (Eds.), *Creating a sustainable and desirable future: Insights from 45 global thought leaders* (pp. 331-340). Singapore: World Scientific.
- Kasser, T. (2014b). Teaching about values and goals: Applications of the circumplex model to motivation, well-being, and prosocial behavior. *Teaching of Psychology*, *41*, 365-371.
- Kasser, T., Rosenblum, K. L., Sameroff, A. J., Deci, E. L., Niemiec, C. P., Ryan, R. M., Arnadottir, O., Bond, R., Dittmar, H., Dungan, N., & Hawks, S. (2014). Changes in materialism, changes in psychological well-being: Evidence from three longitudinal studies and an intervention experiment. *Motivation & Emotion*, *38*, 1-22.
- Smith, L. M., & Kasser, T. (2014). Mortality salience increases defensive distancing from people with terminal cancer. *Death Studies*, *38*, 44-53.
- Hurst, M., Dittmar, H., Bond, R., & Kasser, T. (2013). The relationship between materialistic values and environmental attitudes and behaviors: A meta-analysis. *Journal of Environmental Psychology*, *36*, 257-269.
- Kasser, T. (2013a). The potential of engagement in arts & culture to encourage values that

- support well-being, social justice, and ecological sustainability. In *The art of life: Understanding how participation in arts and culture can affect our values* (pp. 8-12). London, UK: Mission Models Money & Common Cause. Downloadable at <http://valuesandframes.org/the-art-of-life/>.
- Kasser, T. (2013b). The pleasure paradox: A psychologist rediscovers the thrill of research. *Printers Row/Chicago Tribune*, July 26, 18-19.
- Kasser, T. (2013c). The deadline script in environmental communications. *Solutions*, 4 (4), 1.
- Kasser, T. (2013d). Venturing out of reductionism: Taking a deeper look through John Lennon's "Lucy." *Personality and Social Psychology Connections*, December 3. Downloadable at <http://spsptalks.wordpress.com/2013/12/03/venturing-out-of-reductionism-taking-a-deeper-look-through-john-lennons-lucy/>.
- Matthey, A., & Kasser, T. (2013). *Values, food and bags: A study of consumption decisions in a laboratory supermarket*. Jena Economics Research Papers, No. 2013-007.
- Stillmaker, J., & Kasser, T. (2013). Instruction in problem-solving skills increases the hedonic balance of highly neurotic individuals. *Cognitive Therapy and Research*, 37, 380-382.
- Twenge, J.M., & Kasser, T. (2013). Generational changes in materialism and work centrality, 1976-2007: Associations with temporal changes in societal insecurity and materialistic role-modeling. *Personality and Social Psychology Bulletin*, 39, 883-897.
- Chilton, P., Crompton, T., Kasser, T., Maio, G., & Nolan, A. (2012). Communicating bigger-than-self problems to extrinsically-oriented audiences. *Common Cause Briefing* available at www.valueandframes.org.
- Ferguson, Y. L., & Kasser, T. (2012). A teaching tool for disengaging from materialism: The commercial media fast. In J. J. Froh, & A. Parks (Eds.), *Positive psychology in higher education: A practical workbook for the classroom* (pp. 143-147). Washington, DC: American Psychological Association.
- Kasser, T. (2012). Values and the next generation. *Solutions*, 3 (3), 119-124.
- Ferguson, Y. L., Kasser, T., & Jahng, S. (2011). Differences in life satisfaction and school satisfaction among adolescents from three nations: The role of perceived autonomy support. *Journal of Research on Adolescence*, 21, 649-661.
- Kasser, T. (2011a). Cultural values and the well-being of future generations: A cross-national study. *Journal of Cross-cultural Psychology*, 42, 206-215.
- Kasser, T. (2011b). Ecological challenges, materialistic values, and social change. In R. Biswas-Diener (Ed.), *Positive psychology as social change* (pp. 89-108). Dordrecht: Springer.
- Kasser, T. (2011c). Capitalism and autonomy. In V. I. Chirkov, R. M. Ryan, & K. M. Sheldon (Eds.), *Human autonomy in cross-cultural context: Perspectives on the psychology of agency, freedom, and well-being* (pp. 191-206). Dordrecht: Springer.

- Kasser, T. (2011d). Values and human wellbeing. Commissioned paper for *The Bellagio Initiative: The future of philanthropy and development in the pursuit of human wellbeing*. Available at: <http://www.bellagioinitiative.org/about-us/what-is-the-bellagio-initiative/commissioned-papers/>
- Kasser, T. (2011e). Can thrift bring well-being? A review of the research and a tentative theory. *Social and Personality Psychology Compass*, 5, 865-877.
- Kasser, T. (2011f). Materialistic value orientation. In L. Bouckaert & L. Zsolnai (Eds.), *The Palgrave handbook of spirituality and business* (pp. 204-211). London: Palgrave MacMillan.
- Kasser, T., & Crompton, T. (2011). Limitations of environmental campaigning based on values for money, image, and status: Eight psychologists reflect on the disagreement between the Value Modes and Common Cause approaches. *Common Cause Briefing* available at www.valueandframes.org.
- Linn, S., Kasser, T., & Curley, A. (2011). *Video babies and TV tots: A study to explore how best to help parents of children under two reduce or eliminate screen time for infants and toddlers*. Report for Campaign for a Commercial-free Childhood.
- Sheldon, K. M., Nichols, C. P., & Kasser, T. (2011). Americans recommend smaller ecological footprints when reminded of intrinsic American values of self-expression, family, and generosity. *Ecopsychology*, 3, 97-104.
- Slominski, L., Sameroff, A., Rosenblum, K., & Kasser, T. (2011a). Longitudinal pathways between maternal mental health in infancy and offspring romantic relationships in adulthood: A 30-year prospective study. *Social Development*, 20, 762-782.
- Slominski, L., Sameroff, A., Rosenblum, K., & Kasser, T. (2011b). Longitudinal predictors of adult socioeconomic attainment: The roles of socioeconomic status, academic competence, and mental health. *Development and Psychopathology*, 23, 315-324.
- Bottomley, P. A., Nairn, A., Kasser, T., Ferguson, Y. L., & Ormrod, J. (2010). Measuring childhood materialism: Refining and validating Schor's (2004) consumer involvement scale. *Psychology and Marketing*, 27, 717-740.
- Crompton, T., Brewer, J., & Kasser, T. (2010). Values, framing, and the challenge of climate change. In S. Rowley & R. Phillips (Eds.), *From hot air to happy endings: How to inspire public support for a low carbon society* (pp. 46-51). London, UK: Green Alliance.
- Crompton, T., & Kasser, T. (2010). Human identity: A missing link in environmental campaigning. *Environment: Science & Policy for Sustainable Development*, 52, 23-33.
- Kasser, T., Crompton, T., & Linn, S. (2010). Children, commercialism, and environmental sustainability. *Solutions*, 1 (2), 14-17.
- Brown, K. W., Kasser, T., Ryan, R. M., Linley, P. A., & Orzech, K. (2009). When what one has is enough: Mindfulness, financial desire discrepancy, and subjective well-being. *Journal of Research in Personality*, 43, 727-736.
- Kasser, T. (2009a). Psychological need satisfaction, personal well-being, and ecological sustainability.

Ecopsychology, 1, 175-180.

- Kasser, T. (2009b). Values and ecological sustainability: Recent research and policy possibilities. In S. R. Kellert & J. G. Speth (Eds.), *The coming transformation: Values to sustain human and natural communities* (pp. 180-204). New Haven, CT: Yale School of Forestry & Environmental Studies.
- Kasser, T. (2009c). Can Buddhism and consumerism harmonize? A review of the psychological evidence. *Journal of Religion and Culture, 2*, 167-193.
- Kasser, T. (2009d). Materialism and relationships. In H. Reis & S. Sprecher (Eds.), *Encyclopedia of human relations* (pp. 1075-1076). Thousand Oaks, CA: Sage Publications.
- Kasser, T. (2009e). Shifting values in response to climate change. In R. Engelman, M. Renner, & J. Sawin (Eds.), *2009 State of the World: Into a warming world* (pp. 122-125). New York: W. W. Norton & Co.
- Kasser, T., & Brown, K. W. (2009). A scientific approach to Voluntary Simplicity. In C. Andrews & W. Urbanska (Eds.), *Less is more: Embracing simplicity for a healthy planet, a caring economy, and lasting happiness* (pp. 35-40). Gabriola Island, Canada: New Society Publishers.
- Kasser, T., & Sheldon, K. M. (2009). Time affluence as a path towards personal happiness and ethical business practices: Empirical evidence from four studies. *Journal of Business Ethics, 84* (2), 243-255.
- Klar, M., & Kasser, T. (2009). Some benefits of being an activist: Measuring activism and its role in psychological well-being. *Political Psychology, 30*, 755-777.
- Kasser, T. (2008a). Pain and insecurity, love and money. *Psychological Inquiry, 19*, 174-178.
- Kasser, T. (2008b). If you build it, will they come? Transport policy and people's values. *The Independent*, September 22, p. 10.
- Kim, Y., Carver, C. S., Deci, E. L., & Kasser, T. (2008). Adult attachment and psychological well-being in cancer caregivers: The mediational role of spouses' motives for caregiving. *Health Psychology, 27*, S144-S154.
- Sheldon, K. M., & Kasser, T. (2008). Psychological threat and extrinsic goal striving. *Motivation and Emotion, 32*, 37-45.
- Kasser, T., Cohn, S., Kanner, A. D., & Ryan, R. M. (2007). Some costs of American corporate capitalism: A psychological exploration of value and goal conflicts. *Psychological Inquiry, 18*, 1-22.
- Kasser, T., Kanner, A. D., Cohn, S., & Ryan, R. M. (2007). Psychology and American corporate capitalism: Further reflections and future directions. *Psychological Inquiry, 18*, 60-71.
- Kasser, T. (2006). Materialism and its alternatives. In M. Csikszentmihalyi & I. S. Csikszentmihalyi (Eds.), *A life worth living: Contributions to positive psychology* (pp. 200-214). Oxford: Oxford University Press.

- Kasser, T., Vansteenkiste, M., & Deckop, J. R. (2006). The ethical problems of a materialistic value orientation for businesses (and some suggestions for alternatives). In J. R. Deckop (Ed.), *Human resource management ethics* (pp. 283-306). Greenwich, CT: Information Age Publishing, Inc.
- Klinesmith, J., Kasser, T., & McAndrew, F. T. (2006). Guns, testosterone, and aggression: An experimental test of a mediational model. *Psychological Science, 17*, 568-571.
- Marks, N., Thompson, S., Eckersley, R., Jackson, T., & Kasser, T. (2006). *DEFRA Project 3b: Sustainable development and well-being: relationships, challenges, and policy implications*. A report by the center for well-being, nef (New Economics Foundation) for DEFRA (Department of Environment, Food, and Rural Affairs).
- Sheldon, K. M., Houser-Marko, L., & Kasser, T. (2006). Does autonomy increase with age? Comparing the goal motivations of college students and their parents. *Journal of Research in Personality, 40*, 168-178.
- Brown, K. W., & Kasser, T. (2005). Are psychological and ecological well-being compatible? The role of values, mindfulness, and lifestyle. *Social Indicators Research, 74*, 349-368.
- Curry, N. A., & Kasser, T. (2005). Can coloring mandalas reduce anxiety? *Art Therapy, 22*, 81-85.
- Engle, Y., & Kasser, T. (2005). Why do adolescent girls idolize male celebrities? *Journal of Adolescent Research, 20*, 263-283.
- Grouzet, F. M. E., Kasser, T., Ahuvia, A., Fernandez-Dols, J. M., Kim, Y., Lau, S., Ryan, R. M., Saunders, S., Schmuck, P., & Sheldon, K. M. (2005). The structure of goal contents across 15 cultures. *Journal of Personality and Social Psychology, 89*, 800-816.
- Kasser, T. (2005a). Frugality, generosity, and materialism in children and adolescents. In K. A. Moore & L. H. Lippman (Eds.), *What do children need to flourish?: Conceptualizing and measuring indicators of positive development* (pp. 357-373). New York: Springer Science.
- Kasser, T. (2005b). Personal aspirations, the "good life," and the law. *Deakin Law Review, 10*, 33-47.
- Sheldon, K. M., Kasser, T., Houser-Marko, L., Jones, T., & Turban, D. (2005). Doing one's duty: Chronological age, felt autonomy and subjective well-being. *European Journal of Personality, 19*, 97-115.
- Arndt, J., Solomon, S., Kasser, T., & Sheldon, K. M. (2004a). The urge to splurge: A terror-management account of materialism and consumer behavior. *Journal of Consumer Psychology, 14*, 198-212.
- Arndt, J., Solomon, S., Kasser, T., & Sheldon, K. M. (2004b). The urge to splurge revisited: Further reflections on applying terror-management theory to materialism and consumer behavior. *Journal of Consumer Psychology, 14*, 225-229.
- Kasser, T. (2004). The good life or the goods life? Positive psychology and personal well-being in the culture of consumption. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp.

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- Kasser, T., & Kanner, A. D. (2004). Where is the psychology of consumer culture? In T. Kasser & A. D. Kanner (Eds.), *Psychology and consumer culture: The struggle for a good life in a materialistic world* (pp. 3-7). Washington DC: American Psychological Association.
- Kasser, T., Ryan, R. M., Couchman, C. E., & Sheldon, K. M. (2004). Materialistic values: Their causes and consequences. In T. Kasser & A. D. Kanner (Eds.), *Psychology and consumer culture: The struggle for a good life in a materialistic world* (pp. 11-28). Washington DC: American Psychological Association.
- Kasser, T., & Sheldon, K. M. (2004). Non-becoming, alienated becoming, and authentic becoming: A goal-based approach. In J. Greenberg, S. L. Koole, & T. Pyszczynski (Eds.), *Handbook of experimental existential psychology* (pp. 480-493). New York: Guilford.
- Sheldon, K. M., Ryan, R. M., Deci, E. L., & Kasser, T. (2004). The independent effects of goal contents and motives on well-being: It's both what you do and why you do it. *Personality and Social Psychology Bulletin*, *30*, 475-486.
- Kasser, T. (2003). I collect data. *APS Observer*, *16*, 9-10.
- Kasser, T., & Brown, K. W. (2003). On time, happiness, and ecological footprints. In J. DeGraaf (Ed.) *Take back your time!: Fighting overwork and time poverty in America* (pp. 107-112). San Francisco: Berrett-Koehler Publishers.
- Kim, Y., Kasser, T., & Lee, H. (2003). Self-concept, aspirations, and well-being in South Korea and the United States. *Journal of Social Psychology*, *143*, 277-290.
- Kasser, T. (2002). Sketches for a self-determination theory of values. In E. L. Deci & R. M. Ryan (Eds.) *Handbook of self-determination research* (pp. 123-140). Rochester, NY: University of Rochester Press.
- Kasser, T., & Ahuvia, A. (2002). Materialistic values and well-being in business students. *European Journal of Social Psychology*, *32*, 137-146.
- Kasser, T., Koestner, R., & Lekes, N. (2002). Early family experiences and adult values: A 26-year, prospective longitudinal study. *Personality and Social Psychology Bulletin*, *28*, 826-835.
- Kasser, T., & Sheldon, K. M. (2002). What makes for a merry Christmas? *Journal of Happiness Studies*, *3*, 313-329.
- Sheldon, K. M., Kasser, T., Smith, K., & Share, T. (2002). Personal goals and psychological growth: Testing an intervention to enhance goal attainment and personality integration. *Journal of Personality*, *70*, 5-31.
- Kasser, T., & Kasser, V. G. (2001). The dreams of people high and low in materialism. *Journal of Economic Psychology*, *22*, 693-719.

- Kasser, T., & Ryan, R. M. (2001). Be careful what you wish for: Optimal functioning and the relative attainment of intrinsic and extrinsic goals. In P. Schmuck & K. M. Sheldon (Eds.), *Life goals and well-being: Towards a positive psychology of human striving* (pp. 116-131). Gottingen: Hogrefe & Huber Publishers.
- Sheldon, K. M., Elliot, A. J., Kim, Y., & Kasser, T. (2001). What is satisfying about satisfying experiences? Testing ten candidate psychological needs. *Journal of Personality and Social Psychology, 80*, 325-339.
- Sheldon, K. M., & Kasser, T. (2001a). Goals, congruence, and positive well-being: New empirical support for humanistic theories. *Journal of Humanistic Psychology, 41*, 30-50.
- Sheldon, K. M., & Kasser, T. (2001b). "Getting older, getting better": Personal strivings and psychological maturity across the life span. *Developmental Psychology, 37*, 491-501.
- Kasser, T. (2000). Two versions of the American dream: Which goals and values make for a high quality of life? In E. Diener & D. R. Rahtz (Eds.), *Advances in quality of life theory and research, Volume 1* (pp. 3-12). Dordrecht, The Netherlands: Kluwer.
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- Sheldon, K. M., & Kasser, T. (1998). Pursuing personal goals: Skills enable progress, but not all progress is beneficial. *Personality and Social Psychology Bulletin, 24*, 1319-1331.
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- correlates of intrinsic and extrinsic goals. *Personality and Social Psychology Bulletin*, 22, 281-288.
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- Kasser, T. (1992). The valuing process: A study of favorite songs and the inner experience of persons diagnosed with schizophrenia. *Journal of Contemporary Psychotherapy*, 22, 51-65.
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Invited Public or Departmental Talks at Academic Institutions:

Adler School of Professional Psychology, IL
Allegheny College, PA (virtual)
Amherst College, MA
Andrews University, MI
Antioch University New England, VT (3x virtual)
Augustana College, IL (1x actual, 1x virtual)
Australian National University, Australia
Barry University, FL
Belmont University, TN
BOKU University, Austria
Boston College, MA
Bradley University, IL
Bucknell University, PA
Carl Sandburg College, IL (2x)
Claremont Graduate University, CA
Coe College, IA (2x)
Colgate University, NY
Corvinus University, Hungary (2x)
Deakin University, Australia
Eotvos Lorand University, Hungary
Hunter College, NY
Illinois Institute of Technology, IL
Max Planck Institute for Human Development and Education, Germany
Monmouth College, IL
Northwestern University, IL
Pazmany Peter Catholic University, Hungary
Portland State University, OR
Quincy University, IL
Sarah Lawrence College, NY (virtual)
Schumacher College, United Kingdom (virtual)
Simmelweis University, Hungary (3x)
Skidmore College, NY
Southwestern University, TX
St. Olaf College, MN
State University of New York – Geneseo, NY
Temple University, Fox School of Business, PA
Universitas Gadjah Mada, Indonesia
University of Bristol, United Kingdom
University of Bath, United Kingdom
University of Cassino, Italy
University of Chicago, IL
University of Debrecen, Hungary
University of East London, United Kingdom
University of Exeter, United Kingdom (2x)
University of Gent, Belgium
University of Illinois at Urbana-Champaign, IL (3x)
University of Illinois at Springfield, IL
University of Iowa, IA
University of Kaposvar, Hungary

Universität Koblenz-Landau, Germany (virtual)
 University of Lancaster, United Kingdom (virtual)
 University of Melbourne, Australia (3x)
 University of Michigan-Ann Arbor, MI (3x)
 University of Michigan-Dearborn, MI
 University of Oregon, OR (2x)
 University of Oslo, Norway
 University of Rochester, NY
 University of Scranton, PA
 University of Surrey, United Kingdom
 University of St. Andrews, United Kingdom
 University of Sussex, United Kingdom (3x)
 University of Technology-Sydney, Australia
 University of Texas-Austin, TX
 University of Vermont, VT (virtual)
 University of Veszprem, Hungary
 Viterbo University, WI
 Western Illinois University - Macomb, IL
 Western Illinois University – Quad Cities, IL
 Yale-NUS College, Singapore
 York University, Canada (virtual)

Talks at Academic Conferences (Invited Keynotes, Talks, Symposia, and Posters):

American Center for Life Cycle Assessment, Portsmouth NH (virtual)
 American Educational Research Association, Chicago, IL
 American Psychological Society, Chicago, IL
 Association Montessori International – USA 2013 Refresher Course, Tampa FL
 Australian and New Zealand Conference of the Association of Contextual and Behavioural
 Sciences, Mooloolaba, Australia (2x)
 Bioneers Conference, Galesburg, IL
 Canadian Conference on Positive Psychology, Ottawa, Canada
 Four Degrees and Beyond, Oxford, UK
 GLAMURS final conference, Brussels, Belgium
 Indicators of Positive Development Conference, Washington, DC
 International Conference on Buddhism in the Age of Consumerism, Nakornpathom, Thailand
 International Conference on Experimental Existential Psychology, Amsterdam, The Netherlands
 International Conference on Policies for Happiness, Siena, Italy
 International Conference on Self-determination Theory, (4x) Rochester, NY (2x); Ottawa &
 Toronto, Canada
 International Congress of Applied Psychology, Montreal, Quebec,
 International Positive Psychology Conference, Washington, DC
 International Society of Quality of Life Studies Conference, Charlotte, NC
 Midwest Materialism Conference (2x), Urbana-Champaign, IL
 Midwest Psychological Association Annual Conference (3x), Chicago, IL
 MILEN International Conference, Oslo, Norway
 NARST International Conference, Orlando, FL
 North American Society of Adlerian Psychology, Harrisburg, PA
 Seizing an Alternative: Toward an Ecological Civilization, Claremont, CA
 Seven Rivers Undergraduate Research Symposium, La Crosse, WI
 Social Psychologists Around the Midwest (SPAM), Columbia, MO

Society for Personality & Social Psychology Conference (3x)
 Society for Research in Child Development Conference (4x)
 Society for the Study of Motivation Conference, Chicago, IL
 Transformative Consumer Research 2015, Villanova, PA (virtual)
 Workshop on Material Demand Reduction, Cambridge, UK

Other Invited Talks/Conferences/Workshops:

Agency, Sydney, Australia
 All About Children Conference, Galesburg, IL (2x)
 Alternatives to Materialism/Positive Psychology, Claremont, CA
 Aspen Ideas Festival, Aspen, CO
 Associated Colleges of the Midwest Conference on Identity, St. Paul, MN
 Balanced Lives: Best Policies for the New Economy, Iowa City, IA
 Bethel Baptist Church, Galesburg, IL
 British Overseas Aid Group CEOs, London, UK (virtual)
 Campaign for a Commercial Free Childhood (7x)
 Center for Confidence & Well-being, Glasgow, UK (1x actual, 1x virtual)
 Center for Humans & Nature, Chicago, IL
 Common Cause Workshop, London, UK (2x); Edinburgh, UK; Vienna, Austria; Melbourne, Canberra, & Sydney, Australia (1x each)
 Commonwealth Scientific & Industrial Research Organisation, Canberra, Australia
 Community Child Care Resource & Referral, Quad Cities, IL & IA (4x)
 CONCORD, Brussels, Belgium
 Conservative Party Fringe Conference, Birmingham, UK
 Continuum Design Firm, Boston, MA
 Continuum Design Firm, Los Angeles, CA (virtual)
 Cooke Elementary School, Galesburg, IL
 Cuba Elementary School, Cuba, IL
 Curb Center for Art, Enterprise, and Public Policy, Vanderbilt University, TN
 DeGrow US, Chicago, IL
 Department of Environment, Food, & Rural Affairs, London, UK
 Directorate General of the European Commission – Health & Consumers, Brussels, Belgium
 Do Good Lives have to Cost the Earth? Pocantico Hills, NY
 Engaging Minds: New Research, New Challenges, London UK (virtual)
 Ethics & Sustainability Conference, State College, PA
 European Climate Foundation, Brussels, Belgium
 European Environmental Bureau, Brussels, Belgium
 First Lutheran Church, Galesburg IL
 First Presbyterian Church, Cedar Rapids, IA
 First Presbyterian Church, Knoxville, IL
 Food Climate Research Network, London, UK (virtual)
 Galesburg Sunshine Rotary, Galesburg, IL
 Galesburg Sustainable Business Center, Galesburg, IL
 Global Action Plan, London, UK (virtual, 2x)
 Global Landscape Forum, Germany & Japan (virtual)
 Global Village, Peoria, IL
 Global Warming Solutions Group, Peoria, IL
 Govan Together, Govan, United Kingdom
 Green Drinks, Portland, OR
 Happiness Alliance, Seattle, WA

Hawthorne Club, Galesburg, IL
 Institute of Noetic Sciences – Quad Cities, Quad Cities IA/IL (2x)
 International Society for Quality of Life Studies – webinar (virtual)
 Jervis Public Library, Rome NY
 Labour Party Fringe Conference, Manchester, UK
 Money Quotient Retreat, Suquamish, WA
 Mosaic Women's Group, Galesburg, IL
 Mothers of Pre-schoolers, Galesburg, IL
 New Economics Foundation, London, UK (2x)
 Northampton School for Girls, Northampton, UK
 Oxfam GB, Oxford, UK (1x in person, 1x virtual)
 Parbeszed Haza, Budapest, Hungary
 Philadelphia Financial Planning Association, Villanova, PA.
 Psychologia-Konsumpcja-Jackosc zycia, Gdansk, Poland
 Psychology in Service of Family, Gdansk Poland (virtual)
 Psychologists for Social Responsibility, Washington, DC
 Pszinapszis, Psychology Days of Budapest, Budapest, Hungary (virtual)
 Quad Cities Sierra Club, Bettendorf, IA
 Quad Cities Youth Conference, Moline, IL
 Richlands High School, Richlands NC (virtual)
 Rocina Institute, Berkshires, CT (virtual)
 Rome Wednesday Morning Women's Club, Rome, NY
 Royal Society for the Arts, London, UK
 Save the Children, London, UK (virtual)
 Scottish Government (x2), Edinburgh, UK
 Semester at Sea Convocation, Fall 2006, Atlantic Ocean
 SHINE Summit 2017, Cambridge, MA
 Smart CSOs conference, London, UK
 St. Andrews Presbyterian Church's Spirituality & Activism Conference, Austin, TX
 Stonehouse Summit, Vancouver, Canada (virtual)
 Sustainable Development Commission, London, UK
 Sustainable Development Education Conference, Edinburgh, UK (virtual)
 Take Back Your Time Day Conference, Chicago, IL
 The Planning Center, Moline, IL
 Transition Town Totnes, Totnes, UK
 Tuscany Towards 2015 Expo Project, Florence, Italy (virtual)
 Unitarian Church of Davenport, Davenport, IA (5x)
 Unmaking Waste 2015, Adelaide, Australia (virtual)
 Whatever it Takes Conference, Galesburg, IL
 What's the Economy for, Anyway? Washington, DC
 World Wildlife Fund, Godalming, UK (2x)
 Wydawnictwo Naukowe Pwn, Sopot, Poland
 You & I Montessori School, Redwood City, CA
 Zoos Victoria, Melbourne, Australia (virtual)

Popular Press Publications that have Written about my Research (abbreviated list):

New York Times, Los Angeles Times, Time, Wall Street Journal, U.S. News & World Report,
 USA Today, Chronicle of Higher Education, Christian Science Monitor, The Philadelphia
 Inquirer, The International Herald-Tribune, South Africa Sunday Times, The London
 Independent, The Times of London, The Guardian (2 times), The Mail on Sundays (UK), Straits

Times (Singapore), Prevention, Utne Reader, Women's Day, McCalls, Ladies Home Journal, CosmoGirl, Redbook, Psychology Today, Australian Financial Review Magazine, Forbes, Salon.com, E Magazine, Christian Science Journal, The Lancet, Science News, Adbusters, Weekly World News, Tricycle, Self, O Magazine, Yes! Magazine, Wall Street Journal, Money, USA Today, Boston Globe

Teaching

Courses I have Taught:

Research Experience in Psychology (20x)
 Research Methods and Statistics II (17x)
 Clinical & Abnormal Psychology (13x)
 Theories of Personality (13x)
 The Study of the Person (11x)
 Dreaming (11x)
 Internship in Clinical Psychology (8x)
 Introduction to Psychology (7x)
 Alternatives to Consumerism (6x)
 Dying & Death (6x)
 Psychology Writing Workshop (4x)
 Developmental Psychology (1x)
 Social Psychology (1x)
 Thinking Skills (1x)

Undergraduate Honors Theses Supervised:

- Solberg, C. (2019). *Does thwarting of autonomy, competence, and relatedness needs mediate the relationship between trauma type and PTSD symptom severity?* Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Kosmicki, M. (2017). *The Silencing the Self Scale: Construct validity, gender differences, and relationships with depression.* Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Smith, L. (2012). *Terminal illness and interpersonal goals: Experimental and field testing of an integrative theoretical model.* Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Prentice, M. (2008). *An examination of the interplay of death thought writing interventions and personality in the prediction of psychological growth and defense.* Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Ewigman, N. (2006). *Psychological consequences of exposure to pharmaceutical advertisements: An application of Self-discrepancy Theory to advertisements for anti-depressant medication.* Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Rothschild, Z. (2005). *Death and self-esteem: The role of dispositional implicit and explicit self-esteem in the defensive processes of terror management.* Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Engle, Y. (2004). *When students feel autonomous: A cross-cultural test of self-determination*

- theory in the education domain*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Keeley, J. (2002). *An investigation of the effects of executive functioning depletion on the production of stereotypy in college and autistic samples*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Kawashima, K. (2001). *Improving well-being with art therapy: Two intervention studies*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Khanna, S. (1999). *Corrosive messages and capitalist ideology: Well-being, objectification, and alienation from a cross-cultural perspective*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Duprey, W. (1998). *Factors contributing to the adjustment of adults with chronically mentally ill siblings*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Lindner, K. L. (1998). *Transitional object use and its promotion of empathy and prosocial behavior in toddlers*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Courtney, M. S. (1997). *The association of psychosocial risk factors and the severity of attention deficit hyperactivity disorder and its comorbid disorders*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Cuerden, D. L. (1997). *The relation of depersonalization symptoms to subjective perceptions of childhood trauma in college women*. Unpublished Honors Thesis, Knox College, Galesburg, IL.
- Sharma, Y. (1997). *The effects of male-dominance on valuing financial security in a potential mate: A comparison of American and Indian women*. Unpublished Honors Thesis, Knox College, Galesburg, IL.

Clinical Experience

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| 1990–1992 | Psychotherapy Externship, Counseling and Mental Health Services, University of Rochester. Conducted time-limited and long-term psychotherapy with undergraduates. ~280 hours. |
| 1990–1991 | Community Practicum, University of Rochester. Advised supervisors of individuals at a psychiatric vocational rehabilitation workshop. ~220 hours. |
| 1989–1990 | Psychotherapy Practicum, Counseling and Mental Health Services, University of Rochester. Conducted long and short-term individual psychotherapy with students. ~200 hours. |
| 1989–1990 | Assessment Externship, Rochester Psychiatric Center, Rochester, NY. Performed psychological batteries on individuals living in an inpatient ward for use in their treatment. ~80 hours. |

References

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